

OUR SUNDAY CELEBRATION

FIFTH SUNDAY IN ORDINARY TIME / A

8 FEBRUARY 2026

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.'

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ.

HOMILY

PROFESSION OF FAITH APOSTLES' CREED

Or the Nicene Creed may be said.

I believe in God, / the Father almighty, / Creator of heaven and earth, / and in Jesus Christ, his only Son, our Lord, / who was conceived by the Holy Spirit, / born of the Virgin Mary, / suffered under Pontius Pilate, / was crucified, died and was buried; / he descended into hell; / on the third day he rose again from the dead; / he ascended into heaven, / and is seated at the right hand of God the Father almighty; / from there he will come to judge the living and the dead. / I believe in the Holy Spirit, / the holy catholic Church, / the communion of saints, / the forgiveness of sins, / the resurrection of the body, / and life everlasting. Amen.

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

After the priest raises the paten with the bread and prays, and then the chalice, we respond to each prayer:

R. Blessed be God for ever.

P. Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

P. O Lord, our God, who once established these created things to sustain us in our frailty, grant, we pray, that they may become for us now the Sacrament of eternal life. Through Christ our Lord.

R. Amen.

THE EUCHARISTIC PRAYER

P. The Lord be with you.

R. And with your spirit.

P. Lift up your hearts.

R. We lift them up to the Lord.

P. Let us give thanks to the Lord our God.

R. It is right and just.

PREFACE I-VIII OF THE SUNDAYS IN ORDINARY TIME

After the Preface, we sing or say:

All: Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

THE MEMORIAL ACCLAMATION

P. The mystery of faith.

All: We proclaim your Death, O Lord, and profess your Resurrection until you come again.

COMMUNION RITE

P. At the Saviour's command and formed by divine teaching, we dare to say:

All: Our Father, who art in heaven . . .

P. Deliver us, Lord, we pray . . .

All: For the kingdom, the power and the glory are yours now and for ever.

P. Lord Jesus Christ, who said . . .

R. Amen.

P. The peace of the Lord be with you always.

R. And with your spirit.

P. Let us offer each other the sign of peace.

All exchange a sign of peace

LAMB OF GOD

All: Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

INVITATION TO COMMUNION

P. Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

R. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION ANTIPHON cf. Ps 106:8-9

Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

PRAYER AFTER COMMUNION

P. O God, who have willed that we be partakers in the one Bread and the one Chalice, grant us, we pray, so to live that, made one in Christ, we may joyfully bear fruit for the salvation of the world. Through Christ our Lord.

R. Amen.

THE CONCLUDING RITES

P. The Lord be with you.

R. And with your spirit.

P. May almighty God bless you, the Father, and the Son, and the Holy Spirit.

R. Amen.

P. Go in peace.

R. Thanks be to God.

BREAKING OPEN THE WORD

SALT AND LIGHT

Today's Gospel continues with Matthew's teaching in the 'Sermon on the Mount'. After identifying the disciples' blessedness in all kinds of situations with which the Gospel audience would be familiar, Matthew now highlights two images with which they can identify: salt and light. 'You are the salt of the earth' (5:13) and 'You are the light of the world' (5:14).

In Matthew's world salt was an important commodity and valuable trading product. It was used in cooking and for preserving foods (meat and fish) before refrigeration. Salt was shipped across the Mediterranean Sea and then carted into all of Rome's provinces along specially built salt roads. Salt's need was universal and, in times of scarcity, so precious that it became a means of bartering and currency substitute, hence the modern term 'salary'. But there is one quality of salt scarcely known. In a world of outdoor ovens with little or no wood to fire them, salt was mixed with dung to produce the chemical reaction that created the necessary heat required for baking bread. In Jesus' reminder to the disciples that they are the 'salt of the earth', he is speaking more than about them being agents of preservation. Their presence in the Greco-Roman world meant at times that they will find themselves in disagreeable situations. These times requires fidelity or 'saltiness'. Their capacity to engage their world will also make them the 'light of the world'. The richness of these two metaphors, salt and light, finds their realisation with us, Jesus' contemporary disciples.

FR MICHAEL TRAINOR

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LET YOUR LIGHT SHINE! We all have our special gifts, but sometimes we fail to recognise this. We may feel that we have little to offer others. That is never true. As Jesus says: 'You are the salt of the earth! You are the light of the world!' Let us ask Jesus to help us recognise our unique gifts and share them with others.

INTRODUCTORY RITES

ENTRANCE ANTIPHON Ps 94:6-7

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

GREETING

P. In the name of the Father, and of the Son, and of the Holy Spirit.

R. Amen.

P. The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

R. And with your spirit.

PENITENTIAL ACT

P. Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries. P. You were sent to heal the contrite of heart: Lord, have mercy.

R. Lord, have mercy.

P. You came to call sinners: Christ, have mercy.

R. Christ, have mercy.

You are seated at the right hand of the Father to intercede for us: Lord, have mercy.

R. Lord, have mercy.

P. May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

R. Amen.

GLORIA

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.

COLLECT

P. Keep your family safe, O Lord, with unfailing care, that, relying solely on the hope of heavenly grace, they may be defended always by your protection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

R. Amen.

LITURGY OF THE WORD

FIRST READING

Isa 58:7-10

A reading from the prophet Isaiah
Your light will shine like the dawn.

Thus says the Lord:

Share your bread with the hungry,
and shelter the homeless poor;
clothe the man you see to be naked
and turn not from your own kin.
Then your light will shine like the dawn
and your wound be quickly healed over.
Your integrity will go before you
and the glory of the Lord behind you.
Cry, and the Lord will answer;
call, and he will say, 'I am here.'
If you do away with the yoke,
the clenched fist, the wicked word,
if you give your bread to the hungry,
and relief to the oppressed,
your light will rise in the darkness,
and your shadows become like noon.

The word of the Lord.

R. Thanks be to God.

RESPONSORIAL PSALM Ps 111:4-9. R. v. 4

R. A light rises in the darkness for the upright. (or Alleluia!)

1. He is light in the darkness for the upright: / he is generous, merciful and just. / The good man takes pity and lends, / he conducts his affairs with honour. **R.**
2. The just man will never waver: / he will be remembered for ever. / He has no fear of evil news; / with a firm heart he trusts in the Lord. **R.**
3. With a steadfast heart he will not fear; / open-handed, he gives to the poor; / his justice stands firm for ever. / His head will be raised in glory. **R.**



SECOND READING

1 Cor 2:1-5

A reading from the first letter of St Paul to the Corinthians
I came to you to proclaim Christ crucified.
When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

The word of the Lord.

R. Thanks be to God.

GOSPEL ACCLAMATION

Jn 8:12

Alleluia, alleluia!
I am the light of the world, says the Lord; the man who follows me will have the light of life.
Alleluia!

GOSPEL

Mt 5:13-16

P. The Lord be with you.
R. And with your spirit.
P. A reading from the holy Gospel according to Matthew.
R. Glory to you, O Lord.
You are the light of the world.



PATER NOSTER CATHOLIC PARISH OF MYAREE

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LITURGICAL TIMES

Weekend Masses: Saturday (vigil): 6.00pm Sunday: 7.30 & 9.30am Korean: 11.30 am Indonesian Mass: 4.00pm

Weekday Masses: Monday (Communion Service): 9.00am Tuesday: 5.30pm Wednesday: 9.00am Thursday: 5.30pm Friday 9.00am

Indonesian Cenacle & Mass: 1st & 3rd Thursday 10.30am

Indonesian Community: St Anthony Novena, 3rd Tuesday of each month at 11.00am

Rosary: Recited after 9.00 am Mass on Wednesdays and Fridays except 1st Friday of the month

Reconciliation: Saturday 5.30pm to 5.50pm and on request

Healing Mass: Friday, 6 March 2026 at 9.00am

Anointing of Sick: After each of the weekend masses on the 7 and 8 March 2026 and on request.

Novena and Benediction Our Lady of the Miraculous Medal: Tuesday 6.00pm.

08 Feb 2026	5th Sunday in Ordinary Time	Year A	#2291	15 Feb 2026	5th Sunday in Ordinary Time	Year A	#2292
Acolytes	Sat 6.00pm	P Ng		Acolytes	Sat 6.00pm	C Bui	
	Sun 7.30am	Volunteer			Sun 7.30am	K Taylor	
	Sun 9.30am	L Rebelo			Sun 9.30am	P Redding	
Readers	Sat 6.00pm	M Larard and M Demelo		Readers	Sat 6.00pm	K Bui and M Burke	
	Sun 7.30am	P Martyr and D Brayshaw			Sun 7.30am	P Robertson and B Bracewill	
	Sun 9.30am	L Taylor and P Menezes			Sun 9.30am	K Trawinski and M Cabassi	
Ministers	Sat 6.00pm	L Smyth		Ministers	Sat 6.00pm	C Bourke	
	Sun 7.30am	D Brayshaw			Sun 7.30am	P Robertson	
	Sun 9.30am	A Chew			Sun 9.30am	M O'Keefe	
Altar Servers	Sat 6.00pm	E Simmons, T Larard, and E lee		Altar Servers	Sat 6.00pm	C & J Yeow and H Reid	
	Sun 7.30am	S Kurniawan			Sun 7.30am	Volunteer	
	Sun 9.30am	Volunteer, Volunteer, A Thomson			Sun 9.30am	Volunteer, Volunteer, J Jilo	
Greeters	Sat 6.00pm	D Kimble		Greeters	Sat 6.00pm	S Klauz	
	Sun 7.30am	J Winthrop			Sun 7.30am	K Hall	
	Sun 9.30am	Y Anthoni'samy			Sun 9.30am	M Cabassi	
Children's Liturgy	Sun 9.30am	J Scouler		Children's Liturgy	Sun 9.30am	C Scafetta	
Our Lady Statue	Sat 07 Feb	M Boston		Our Lady Statue	Sat 14 Feb	L Davies	
Flower Group	Sat 07 Feb	L Lau		Flower Group	Sat 14 Feb	C Saldanha	
External Clean	Sat 07 Feb	P & N McInnes		External Clean	Sat 14 Feb	R France	

Parish Mission Statement

LIVING WITNESSES TO THE BODY OF CHRIST

In the spirit of our Lord God, we,

the Pater Noster Community, strive to be living witnesses to the Body of Christ.

Guided by faith and love, we commit ourselves

to nurturing faith, reaching out to others, and reflecting the Grace of our Lord, Jesus Christ.

Chaplets of the Divine Mercy

A beautiful prayerful song devotion at St Thomas More Catholic Church, Dean Road Bateman, on the second Wednesday of each month commencing at 7.30pm.

The next devotion will be on Wednesday, 11 February 2026. Enquiries to George Lope on 041 991 039.

Mary MacKillop Today — Breakfast in the Garden

When: 8.00am Saturday, 14 March

Where: GARDEN VENUE at the Mary MacKillop Centre, 16 York Street, South Perth (St Joseph's Convent).

Bring: \$20.00 for breakfast, BYO chairs, sunscreen and smiles.

Extra's: Free raffle ticket on entry, assorted range of potted plants and music by students from Ursula Frayne Catholic College.

The use of cash is encouraged.

RSVP: Before Tuesday, 10 March to Roberta Scanlan at robscan52@icloud.com or 0459 364 872

Volunteer with IMPACT

Join Palms International Volunteering online in this special session to hear from past Palms volunteers how skill-exchange makes a lasting impact in communities and changes lives.

Venue: Online at palms.org.au/events

Date: Thursday, 19 February

Time: 4.00pm to 5.30pm AWST

Enquiries: 02 9560 5333 / palms@palms.org.au

Lent with St Joseph: An Ordinary Man Living God's Sacrificial Love

From 11 March to 1 April each Wednesday night from 7.30pm to 8.30pm (4 sessions) at Myaree Parish.

This course explores the interior workings of St Joseph's lived experience of God's sacrificial love.

St Joseph understood the meaning of Lenten sacrifice as the key to Easter Resurrection, even before Lent and Easter existed in human history.

Cost is \$20.00 and the presenter is Ms Natalie Thomas.

Further information or to register, email cfe@perthcatholic.org or call 08 9278 0261

Tea Towels

There are tea towels in the kitchen which do not belong to the Parish. If you are missing a tea towel, please collect it from the kitchen area.

Morning tea will be served after the Sunday Masses this weekend.

Do stay and enjoy a nice cup of tea or coffee, a chat and cake with other Parishioners. All very welcome.

February 2026 Cake and Craft Stall

The first Cake and Craft Stall for 2026 will be held on the weekend of 7 and 8 February 2026.

Donations of cakes, slices biscuits, preserves and treats all gratefully accepted. Together with jigsaws, piety and craft items.

The \$2.00 table is having a well-earned rest until the Book Sale. Items can still be donated via the box in the Parent/Baby Room.

Volunteer Roster

Saturday, 7 February at 6.00pm: S Klauz, M O'Neill, J Martyr

Sunday, 8 February at 7.30am: P Martyr, S Kiely

Sunday, 8 February at 9.30am: P Martyr, J Martyr

Project Compassion 2026: Stories of Hope

You are warmly invited to gather, listen and reflect on stories from Project Compassion as we prepare our hearts for Lent.

Together, we will explore how compassion and solidarity are lived through the work of Caritas Australia and consider how each of us is called to Unite Against Poverty in 2026.

Register: <https://forms.office.com/r/Sn1vwu06vv>.

Date and Time: Tuesday 10 February, 10:00am to 11:30am

Location: Catholic Pastoral Centre - 40A Mary Street, Highgate (Enter via Harold Street)

Children's Liturgy

Children's Liturgy for term 1 will commence on the second Sunday in February - 8th February.

All parents who have children attending Liturgy are reminded to sign in their children in the register at the foyer - this is for safeguarding purposes.

Golf Buggy Sold at the Silent Auction

The golf buggy has been sold for \$500.00 at the Silent Auction and the purchaser made a donation to the Parish of \$200.00—a win for the purchaser with a great buggy and a win for the Parish receiving funds

Thank you to all who participated.

2nd COLLECTION from last weekend Masses: was 100% of the Parish target. We are fortunate to have our Parishioners.

DIRECT DEBIT: please ask Father Joseph for a form and return completed to Father or Deacon John.

INTERNET BANKING: BSB: 086-006 No: 508212450 Name: Pater Noster Myaree Parish. Enter a brief description in the space provided, e.g. 2nd collection.

EFTPOS FACILITIES: available at each weekend masses. Please confirm if all or part funds are to go other than the 2nd collection.

NEWSLETTER: If you would like to receive the newsletter by email, please email newsletter@paternostermyaree.org.au

ROSTER CO-ORDINATORS: On Church Noticeboard

FACEBOOK: www.facebook.com/PATERNOSTERMYAREE or search "Pater Noster Catholic Parish Myaree"

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