

# OUR SUNDAY CELEBRATION

FOURTH SUNDAY IN ORDINARY TIME / A

1 FEBRUARY 2026

Happy those who mourn:  
they shall be comforted.  
Happy those who hunger and thirst for  
what is right:  
they shall be satisfied.  
Happy the merciful:  
they shall have mercy shown them.  
Happy the pure in heart:  
they shall see God.  
Happy the peacemakers:  
they shall be called sons of God.  
Happy those who are persecuted in the  
cause of right:  
theirs is the kingdom of heaven.

‘Happy are you when people abuse you and  
persecute you and speak all kinds of calumny  
against you on my account. Rejoice and be  
glad, for your reward will be great in heaven.’

The Gospel of the Lord.  
**R. Praise to you, Lord Jesus Christ.**

## HOMILY

**PROFESSION OF FAITH** APOSTLES' CREED  
*Or the Nicene Creed may be said.*

**I believe in God, / the Father almighty, /  
Creator of heaven and earth, / and in  
Jesus Christ, his only Son, our Lord, /  
who was conceived by the Holy Spirit, /  
born of the Virgin Mary, / suffered under  
Pontius Pilate, / was crucified, died and  
was buried; / he descended into hell; /  
on the third day he rose again from  
the dead; / he ascended into heaven, /  
and is seated at the right hand of God  
the Father almighty; / from there he  
will come to judge the living and the  
dead. / I believe in the Holy Spirit, / the  
holy catholic Church, / the communion  
of saints, / the forgiveness of sins, /  
the resurrection of the body, / and life  
everlasting. Amen.**

## PRAYER OF THE FAITHFUL

### LITURGY OF THE EUCHARIST

*After the priest raises the paten with the bread  
and prays, and then the chalice, we respond to  
each prayer:*

**R. Blessed be God for ever.**

P. Pray, brethren (brothers and sisters), that  
my sacrifice and yours may be acceptable to  
God, the almighty Father.

**R. May the Lord accept the sacrifice at  
your hands for the praise and glory of his  
name, for our good and the good of all  
his holy Church.**

## PRAYER OVER THE OFFERINGS

P. O Lord, we bring to your altar these  
offerings of our service: be pleased to receive  
them, we pray, and transform them into  
the Sacrament of our redemption. Through  
Christ our Lord.

**R. Amen.**

## THE EUCHARISTIC PRAYER

P. The Lord be with you.

**R. And with your spirit.**

P. Lift up your hearts.

**R. We lift them up to the Lord.**

P. Let us give thanks to the Lord our God.

**R. It is right and just.**

## PREFACE I-VIII OF THE SUNDAYS IN ORDINARY TIME

*After the Preface, we sing or say:*

**All: Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest. Blessed is he  
who comes in the name of the Lord.  
Hosanna in the highest.**

## THE MEMORIAL ACCLAMATION

P. The mystery of faith.

**All: We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

## COMMUNION RITE

P. At the Saviour's command and formed by  
divine teaching, we dare to say:

**All: Our Father, who art in heaven . . .**

P. Deliver us, Lord, we pray . . .

**All: For the kingdom, the power and the  
glory are yours now and for ever.**

P. Lord Jesus Christ, who said . . .

**R. Amen.**

P. The peace of the Lord be with you always.

**R. And with your spirit.**

P. Let us offer each other the sign of peace.

*All exchange a sign of peace*

## LAMB OF GOD

**All: Lamb of God, you take away the sins  
of the world, have mercy on us.**

**Lamb of God, you take away the sins of  
the world, have mercy on us.**

**Lamb of God, you take away the sins of  
the world, grant us peace.**

## INVITATION TO COMMUNION

P. Behold the Lamb of God, behold him who  
takes away the sins of the world. Blessed are  
those called to the supper of the Lamb.

**R. Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

## COMMUNION ANTIPHON

 cf. Ps 30: 17-18

**Let your face shine on your servant.**

**Save me in your merciful love.**

**O Lord, let me never be put to shame,  
for I call on you.**

## PRAYER AFTER COMMUNION

P. Nourished by these redeeming gifts,  
we pray, O Lord, that through this help  
to eternal salvation true faith may ever  
increase. Through Christ our Lord.

**R. Amen.**

## THE CONCLUDING RITES

P. The Lord be with you.

**R. And with your spirit.**

P. May almighty God bless you,  
the Father, and the Son, ✠ and the Holy  
Spirit.

**R. Amen.**

P. Go in peace.

**R. Thanks be to God.**

## BREAKING OPEN THE WORD

### TRUE BLESSEDNESS

What is discipleship about? This becomes  
the focus of Matthew's Gospel over the  
next few Sundays as we turn to Jesus' first  
major moment of teaching, what we know  
as the 'Sermon on the Mount'. Jesus, like  
Moses in the Old Testament, gathers  
with his disciples on a mountain. They  
surround him and listen to his teaching.  
He teaches them about blessedness in  
eight 'Beatitudes'. Each Beatitude begins  
with 'Blessed are those...' and then names  
those who are blessed by God.

Some translations unhelpfully have  
'Happy are those...' There is a theological  
distinction between being 'blessed' and  
'happy'. Being happy relies on one's  
self-referential internal disposition. The  
focus of 'blessedness' is different. It is  
God. The Greek (*makrios*) is about God's  
action to those who are without status  
(‘poor in spirit’), know their own humble  
status (‘gentle’), seek comfort amidst  
life's sadness (‘mourn’), are passionate  
for justice (‘hunger and thirst for what  
is right’), show compassion to others  
(‘merciful’), are thoughtfully genuine  
and authentic (‘pure of heart’), seek to  
bring about peace where there is division  
(‘peacemakers’) and who suffer for their  
conviction to act justly with integrity  
(‘persecuted in the cause of right’).

Those named as blessed have an ultimate  
openness to God in all life's experiences.  
God will respond to them, will bless  
them and will allow the Kingdom (rather  
'Kin-dom') to be revealed in them. The  
Beatitudes are framed with the promise,  
'the kin-dom of God is theirs'. A final  
Beatitude is tacked on to the original  
eight. It acknowledges the suffering  
and persecution now experienced by  
Matthew's community. A lingering  
contemplation of any of these Beatitudes  
can remind us how much we are blessed  
by God now.

FR MICHAEL TRAINOR

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BLESSED ARE YOU. The Beatitudes are among the best known verses of the Gospel  
of Matthew. They offer an assurance of God's care for those who mourn or suffer  
persecution. They contain promises that God will bless the merciful, the pure of heart,  
the peacemakers and those who work for justice. Ultimately, all who put their trust in  
God and do what is right will rejoice in God's kingdom.

## INTRODUCTORY RITES

**ENTRANCE ANTIPHON** Ps 105: 47

**Save us, O Lord our God! And gather  
us from the nations, to give thanks to  
your holy name, and make it our glory to  
praise you.**

## GREETING

P. In the name of the Father, and of the Son,  
and of the Holy Spirit.

**R. Amen.**

P. The grace of our Lord Jesus Christ, and  
the love of God, and the communion of the  
Holy Spirit be with you all.

**R. And with your spirit.**

## PENITENTIAL ACT

P. Brethren (brothers and sisters), let us  
acknowledge our sins, and so prepare  
ourselves to celebrate the sacred mysteries.  
P. You were sent to heal the contrite of heart:  
Lord, have mercy.

**R. Lord, have mercy.**

P. You came to call sinners: Christ, have mercy.

**R. Christ, have mercy.**

P. You are seated at the right hand of the  
Father to intercede for us: Lord, have mercy.

**R. Lord, have mercy.**

P. May almighty God have mercy on us, forgive  
us our sins, and bring us to everlasting life.

**R. Amen.**

## GLORIA

**Glory to God in the highest, / and on  
earth peace to people of good will. /  
We praise you, / we bless you, / we  
adore you, / we glorify you, / we give  
you thanks for your great glory, / Lord  
God, heavenly King, / O God, almighty  
Father. / Lord Jesus Christ, Only Begotten  
Son, / Lord God, Lamb of God, Son of  
the Father, / you take away the sins of  
the world, / have mercy on us; / you take  
away the sins of the world, / receive our  
prayer; / you are seated at the right hand  
of the Father, / have mercy on us. / For  
you alone are the Holy One, / you alone  
are the Lord, / you alone are the Most  
High, / Jesus Christ, / with the Holy  
Spirit, / in the glory of God the Father. /  
Amen.**

## COLLECT

P. Grant us, Lord our God, that we may  
honour you with all our mind, and love  
everyone in truth of heart. Through our  
Lord Jesus Christ, your Son, who lives and  
reigns with you in the unity of the Holy  
Spirit, God, for ever and ever.

**R. Amen.**

## LITURGY OF THE WORD

**FIRST READING** Zeph 2: 3; 3: 12-13

**A reading from the prophet Zephaniah**  
*In your midst I will leave a humble and a lowly  
people.*

Seek the Lord

all you, the humble of the earth,  
who obey his commands.

Seek integrity, seek humility:  
you may perhaps find shelter  
on the day of the anger of the Lord.

In your midst I will leave  
a humble and lowly people,  
and those who are left in Israel will seek  
refuge in the name of the Lord.

They will do no wrong,  
will tell no lies;

and the perjured tongue will no longer  
be found in their mouths.

But they will be able to graze and rest  
with no one to disturb them.

The word of the Lord.

**R. Thanks be to God.**

**RESPONSORIAL PSALM** Ps 145: 7-10

**R. Happy the poor in spirit; the kingdom  
of heaven is theirs! (or Alleluia!)**

1. It is the Lord who keeps faith for ever, /  
who is just to those who are oppressed. / It is  
he who gives bread to the hungry, / the Lord,  
who sets prisoners free. **R.**

2. It is the Lord who gives sight to the  
blind, / who raises up those who are bowed  
down, / the Lord, who protects the stranger /  
and upholds the widow and orphan. **R.**

3. It is the Lord who loves the just / but  
thwarts the path of the wicked. / The Lord  
will reign for ever, / Zion's God, from age to  
age. **R.**

**SECOND READING** 1 Cor 1: 26-31

**A reading from the first letter of St Paul to  
the Corinthians**  
*God has chosen what is weak by human reckoning.*



Take yourselves, brothers, at the time when  
you were called: how many of you were  
wise in the ordinary sense of the word, how  
many were influential people, or came from  
noble families? No, it was to shame the wise  
that God chose what is foolish by human  
reckoning, and to shame what is strong that  
he chose what is weak by human reckoning;  
those whom the world thinks common and  
contemptible are the ones that God has  
chosen – those who are nothing at all to show  
up those who are everything. The human race  
has nothing to boast about to God, but you,  
God has made members of Christ Jesus and  
by God's doing he has become our wisdom,  
and our virtue, and our holiness, and our  
freedom. As scripture says: if anyone wants to  
boast, let him boast about the Lord.

The word of the Lord.

**R. Thanks be to God**

**GOSPEL ACCLAMATION** Mt 5: 12

**Alleluia, alleluia!**  
**Rejoice and be glad:**  
**your reward will be great in heaven.**  
**Alleluia!**

**GOSPEL** Mt 5:1-12

P. The Lord be with you.

**R. And with your spirit.**

P. A reading from the holy Gospel according  
to Matthew.

**R. Glory to you, O Lord.**

*Happy are the poor in spirit.*

Seeing the crowds, Jesus went up the hill.  
There he sat down and was joined by his  
disciples. Then he began to speak. This is  
what he taught them:

‘How happy are the poor in spirit;

theirs is the kingdom of heaven.

Happy the gentle:

they shall have the earth for their heritage.



**PATER NOSTER CATHOLIC PARISH OF MYAREE**

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**LITURGICAL TIMES**

Weekend Masses: Saturday (vigil): 6.00pm Sunday: 7.30 & 9.30am Korean: 11.30 am Indonesian Mass: 4.00pm

Weekday Masses: Monday (Communion Service): 9.00am Tuesday: 5.30pm Wednesday: 9.00am Thursday: 5.30pm Friday 9.00am

Indonesian Cenacle & Mass: 1<sup>st</sup> & 3<sup>rd</sup> Thursday 10.30am

Indonesian Community: St Anthony Novena, 3rd Tuesday of each month at 11.00am

Rosary: Recited after 9.00 am Mass on Wednesdays and Fridays except 1<sup>st</sup> Friday of the month

Reconciliation: Saturday 5.30pm to 5.50pm and on request

Healing Mass: Friday, 6 February 2026 at 9.00am

Anointing of Sick: After each of the weekend masses on the 7 and 8 February 2026 and on request.

Novena and Benediction Our Lady of the Miraculous Medal: Tuesday 6.00pm.

01 Feb 2026	4th Sunday in Ordinary Time	Year A	#2290	08 Feb 2026	5th Sunday in Ordinary Time	Year A	#2291
Acolytes	Sat 6.00pm	A Kuswandi		Acolytes	Sat 6.00pm	P Ng	
	Sun 7.30am	K Taylor			Sun 7.30am	Volunteer	
	Sun 9.30am	R Anandappa			Sun 9.30am	L Rebelo	
Readers	Sat 6.00pm	K Gan and A Faria		Readers	Sat 6.00pm	M Larard and M Demelo	
	Sun 7.30am	P Neale and V France			Sun 7.30am	P Martyr and D Brayshaw	
	Sun 9.30am	S Clark and H Clark			Sun 9.30am	L Taylor and P Menezes	
Ministers	Sat 6.00pm	I Kusnadi		Ministers	Sat 6.00pm	L Smyth	
	Sun 7.30am	J Winthrop			Sun 7.30am	D Brayshaw	
	Sun 9.30am	K Trawinski			Sun 9.30am	A Chew	
Altar Servers	Sat 6.00pm	E & M Fong and T Murphy		Altar Servers	Sat 6.00pm	E Simmons, T Larard, and E lee	
	Sun 7.30am	Volunteers			Sun 7.30am	S Kurniawan	
	Sun 9.30am	A Saputra, M Beaver, G Colalillo			Sun 9.30am	Volunteer, G Bairstow, A Thomson	
Greeters	Sat 6.00pm	S Klauz		Greeters	Sat 6.00pm	D Kimble	
	Sun 7.30am	J Winthrop			Sun 7.30am	J Winthrop	
	Sun 9.30am	M Cabassi			Sun 9.30am	Y Anthoni'samy	
Children's Liturgy	Sun 9.30am	Not Held During Holidays		Children's Liturgy	Sun 9.30am	J Scouler	
Our Lady Statue	Sat 31 Jan	M Cabassi		Our Lady Statue	Sat 07 Feb	M Boston	
Flower Group	Sat 31 Jan	A Lingga		Flower Group	Sat 07 Feb	L Lau	
External Clean	Sat 31 Jan	P & C Taylor		External Clean	Sat 07 Feb	P & N McInnes	

**Parish Mission Statement**

**LIVING WITNESSES TO THE BODY OF CHRIST**

In the spirit of our Lord God, we,

the Pater Noster Community, strive to be living witnesses to the Body of Christ.

Guided by faith and love, we commit ourselves

to nurturing faith, reaching out to others, and reflecting the Grace of our Lord, Jesus Christ.

**Feast of the Presentation of the Lord**

Mass will be celebrated at 9.00am on Monday, 2 February in recognition of this important Feast.

This feast reminds us that Christ enters our lives not with spectacle, but through obedience, humility and trust.

The Presentation invites us to place our own lives back into God's hands, to offer what we have, and to recognise the light of Christ present even in ordinary moments.

Traditionally known as **Candlemas**, the Feast points us forward. The child held in the Temple will become the light that no darkness can overcome.

**School's In**

This week sees the return of school for 2026.

Let us pray children return to the classrooms with an infectious energy, optimism for the year ahead and engaged with learning that will last throughout the school terms.

**Walking together as "Church" – An Experience of Synodality**

Come along to a morning of reflection, deep listening and sharing of experience of and desires for the Church on Saturday, 7th February 2026 (9:15am - 12:30pm) or Wednesday, 11th February 2026 6:45pm-9:00pm (a repeat session) at St Benedict's Church Parish Centre, 115 Ardross St, Ardross WA 6153.

RSVP: essential to [ignatianspiritwa@gmail.com](mailto:ignatianspiritwa@gmail.com) by Wednesday, 4th February 2026.

Cost: Free - donation appreciated. (Morning tea provided).

Enquiries: visit: Ignatian Spirituality Workshops — Ignatian Spirituality of Western Australia or contact Rom Cirillo 0408 915 235 or Chris Gardner 0429 995 591

**Lent with St Joseph: An Ordinary Man Living God's Sacrificial Love**

From 11 March to 1 April each Wednesday night from 7.30pm to 8.30pm (4 sessions) at Myaree Parish.

This course explores the interior workings of St Joseph's lived experience of God's sacrificial love.

St Joseph understood the meaning of Lenten sacrifice as the key to Easter Resurrection, even before Lent and Easter existed in human history.

Cost is \$20.00 and the presenter is Ms Natalie Thomas.

Further information or to register, email [cfe@perthcatholic.org](mailto:cfe@perthcatholic.org) or call 08 9278 0261

**Electric Golf Buggy Action**

The 2023 electric golf buggy auction ends this Saturday, so if you haven't already and are interested; please place a bid.

To view the progress of the online auction visit: <https://www.32auctions.com/QODBuggy>

To place a bid: register for free with your email at [32auctions.com](https://www.32auctions.com). Minimum bid \$20.00.

Golf enthusiastic Parishioners—this one is definitely for you!

**February 2026 Cake and Craft Stall**

The first Cake and Craft Stall for 2026 will be held on the weekend of 7 and 8 February 2026.

Donations of cakes, slices biscuits, preserves and treats all gratefully accepted. Together with jigsaws, piety and craft items.

The \$2.00 table is having a well-earned rest until the Book Sale. Items can still be donated via the box in the Parent/Baby Room.

**Volunteer Roster**

Saturday, 7 February at 6.00pm: S Klauz, M O'Neill, J Martyr

Sunday, 8 February at 7.30am: P Martyr, S Kiely

Sunday, 8 February at 9.30am: P Martyr, J Martyr

**Church Painting**

The pews have recently been painted and look fresh and revitalised.

Parishioners have reported seeing people placing their feet on newly painted areas.

Painting is always going to be subject to wear and tear, but we want it to last as long as possible.

So let us all be aware of the delicacy of our pews and do our best to keep them looking their best.

**Children's Liturgy**

Children's Liturgy for term 1 will commence on the second Sunday in February - 8th February.

All parents who have children attending Liturgy are reminded to sign in their children in the register at the foyer - this is for safeguarding purposes.

Volunteers are always sought to lead the Children's Liturgy. All teaching materials will be provided. Being with little cuties teaching them to understand the mysteries of God - could there be anything better?

Please contact Naomi Pavic at [naomipavic@gmail.com](mailto:naomipavic@gmail.com) or Deacon John should this be a calling for any Parishioner.

**2nd COLLECTION from last weekend Masses:** was 85% of the Parish target. We are fortunate to have our Parishioners.

**DIRECT DEBIT:** please ask Father Joseph for a form and return completed to Father or Deacon John.

**INTERNET BANKING:** BSB: 086-006 No: 508212450 Name: Pater Noster Myaree Parish. Enter a brief description in the space provided, e.g. 2nd collection.

**EFTPOS FACILITIES:** available at each weekend masses. Please confirm if all or part funds are to go other than the 2nd collection.

**NEWSLETTER:** If you would like to receive the newsletter by email, please email [newsletter@paternostermyaree.org.au](mailto:newsletter@paternostermyaree.org.au)

**ROSTER CO-ORDINATORS:** On Church Noticeboard

**FACEBOOK:** [www.facebook.com/PATERNOSTERMYAREE](https://www.facebook.com/PATERNOSTERMYAREE) or search "Pater Noster Catholic Parish Myaree"

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